



### MORNING RECESS

Honey Joys	.50
Pikelets	.50
Muffins (Homemade)	2.00
Brownies Yoghurt	2.50
Rice Bubbles Slice	1.50
Cheesies	1.50
Nachos	2.50
Goujons	.50
Fruit	1.50
Swirls	1.50
Mini Ham & Cheese Muffins	.50
Ham Pizza (Homemade)	1.50
Veggie Sticks & Dip	3.00
Apple Slinky	1.80
Anzac Biscuits	1.00
Healthy Choc Coconut Bliss balls	1.00
Fruit Salad Cup	3.00
Choc Chip Cookies	1.00

### ICE CREAM

Ice Cup	.50
Pineapple Rings	.50
Juicy	2.00
Vanilla Ice Cream Cup	3.00
Brownies Yoghurt	2.50
Frozen Oranges	.30
Paddle Pop	2.50
Froyo	3.00
Brownies Frozen Yoghurt	3.00

### DRINKS

Plain Milk	2.00
Choc Milk	3.00
Pink Milk	3.00
Banana Milk	3.00
Orange/Tropical/Apple Nudie Juice	2.00
Water	2.00

### Celiac Safe Food

Products with preservatives and colouring that should be avoided.

### LUNCH

#### Salads:

Salad	5.50
Salad with Tuna	6.50
Salad with Goujons	6.50
Salad with Ham	6.50
Salad with Chicken	6.50
Salad with Fish	6.50
Fruit Salad	5.00
Fruit Salad & Ice Cream	6.00
Fruit Salad & Yoghurt	6.00

#### Sandwiches

(Wholemeal/no butter on request)	
Salad	4.00
Salad & Tuna	5.00
Salad & Free-Range Eggs	5.00
Salad & Cheese	4.50
Salad & Chicken	5.00
Salad & Ham	5.00
Without salad	-1.00
Vegemite	2.00
Curried Egg	4.50

#### Extras:

Cheese	1.00
Beetroot	1.00
Rolls	1.00
Pita Bread (Homemade)	1.00
Gluten Free Bread	1.00
Boiled Eggs	1.00
Avocado	1.00

#### Toasted Sandwiches

(Wholemeal on request)	
Cheese	4.00
Cheese & Tomato	4.50
Baked Beans (Homemade)	3.50
Ham	4.50
Free Range Egg	4.50
Chicken	4.50
Cheese & Chicken	5.50
Cheese & Ham	5.50
Tuna & Cheese	5.50
Cheese, Ham & Tomato	5.50
Extras:	
Cheese or Mayo	1.00

#### Hot Foods:

Macaroni Cheese	5.00
Bolognese Twirls	5.00
Vegetarian Lasagne	5.00
Lasagne	5.00
Baked Potato (any filling)	5.00
Egg & Ham Tartlets	3.00
Salad extra	2.00
Sauces (Chilli/Yoghurt/Sour Cream)	1.00

### MEAL DEALS

#### Monday:

Pizza:	
Vegetarian/Bacon Blitz/Pineapple	4.50
Homemade Mini Quiche:	
Vegetarian/Ham/Ham & Corn	2.50
Sausage Roll	3.50
Meat Pie	4.00
Party Pie	1.50
Sauce	.50

#### Wednesday:

Large Hamburger & Salad	5.50
Rice Paper Rolls:	3.00
Chicken & Salad/Tuna & Salad/ Vegetarian	
Chilli Sauce	1.00
Mayonnaise	1.00
Chilli & Mayonnaise	1.00

#### Friday:

Teriyaki Chicken Meal with Rice	6.50
Sushi:	
(Vegetarian/Chicken/Tuna) x 4	5.50
x 6	6.50
Extra cheese	1.00
Fish Burger	5.50
Warm Chicken Wrap & Salad	5.50

Please mark bags with Child's Name, Class, Lunch Order and Value

Leanna Wightman 0414 953 958

The Canteen is very happy to be flexible with dietary needs.